



Friday, March 9, 2007
For more information, contact:
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CALENDAR LISTING

Please consider running in community/health event listings
through Thursday, March 29, 2007.

Utah Department of Health and Associated Food Stores to Sponsor A1C Testing for People with Diabetes

Special reduced-price testing available throughout the month of March

WHAT: A1C blood testing will be available to people with diabetes along the Wasatch Front throughout the month of March. The cost of the A1C test is \$5.00. The A1C test promotion is part of the Utah Department of Health Diabetes Prevention and Control Program's A1C awareness campaign. A diabetes educator will be on site to answer questions and discuss implications of the A1C results; although, participants will be encouraged to consult with their regular physician.

WHY: The A1C is a simple blood test for people with diabetes that reflects an average blood glucose level over the past three-month period. The A1C number is a good indication of how well a person's overall diabetes treatment plan is working – the higher the A1C level, the higher the risk of developing diabetes-related complications. An A1C test should occur 2-4 times per year. The A1C test is an important tool in glucose level control; however, it cannot and does not replace a person's need for daily blood glucose monitoring.

WHO: The A1C testing partnership consists of the Utah Department of Health and Associated Food Stores.

**WHEN/
WHERE:** **A1C testing available at the following locations from 1:00pm to 4:00pm:**

Monday, March 12th – Layton Dan's
Tuesday, March 13th – Centerville Dicks
Wednesday, March 14th – Dan's (33rd South 23rd East)
Thursday, March 15th – West Jordan Maceys
Monday, March 19th – Dan's (70th South 20th East)
Tuesday, March 20th – Dan's (Foothill Village)
Wednesday, March 21st – Clearfield Maceys
Thursday, March 22nd – Sandy Maceys

(more)

A1C testing available at the following locations from 12:00pm to 3:00pm:

Monday, March 26th – Providence Maceys

Tuesday, March 27th – Spanish Fork Maceys

Wednesday, March 28th – Pleasant Grove Maceys

Thursday, March 29th – Orem Maceys

For further information regarding the importance of A1C testing, or testing locations and availability, please contact Brenda Bodily at 801.538.6896 or visit www.health.utah.gov/diabetes.

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